

BICYCLE SAFETY TIPS



Use lights and wear reflective clothing when bicycling at night, and **be as visible as possible.**

OBEY ALL SIGNS AND SIGNALS. This includes stopping at stop signs and red lights.



Use all of your senses – watch and listen for cars, particularly at intersections and drive ways.

Ride in the direction of traffic. Drivers may not be looking for you if you are riding the wrong way.



WEAR A HELMET. It could save your life.

Avoid distractions such as listening to headphones or answering phones when riding.



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PEDESTRIAN SAFETY TIPS



Be careful crossing multiple lanes of traffic. Make sure each lane of traffic is clear before you cross.

Watch for cars backing up in parking lots; brake lights can mean that a car is about to back up.



Cross the street where you have the best view of traffic. At bus stops, cross behind the bus or at the nearest crosswalk.

Enhance your visibility at night. Walk in well-lit areas, carry a flashlight or wear something reflective, such as stickers or armbands, to be more visible.



Look for cars in all directions – including those turning left or right – before crossing the street; never assume a driver will stop.

Avoid distraction. Texting or talking on cell phones when crossing streets diminishes the ability of your two key senses – hearing and seeing – that are used to detect and avoid cars. So particularly when crossing streets, put down the phone for a few seconds.



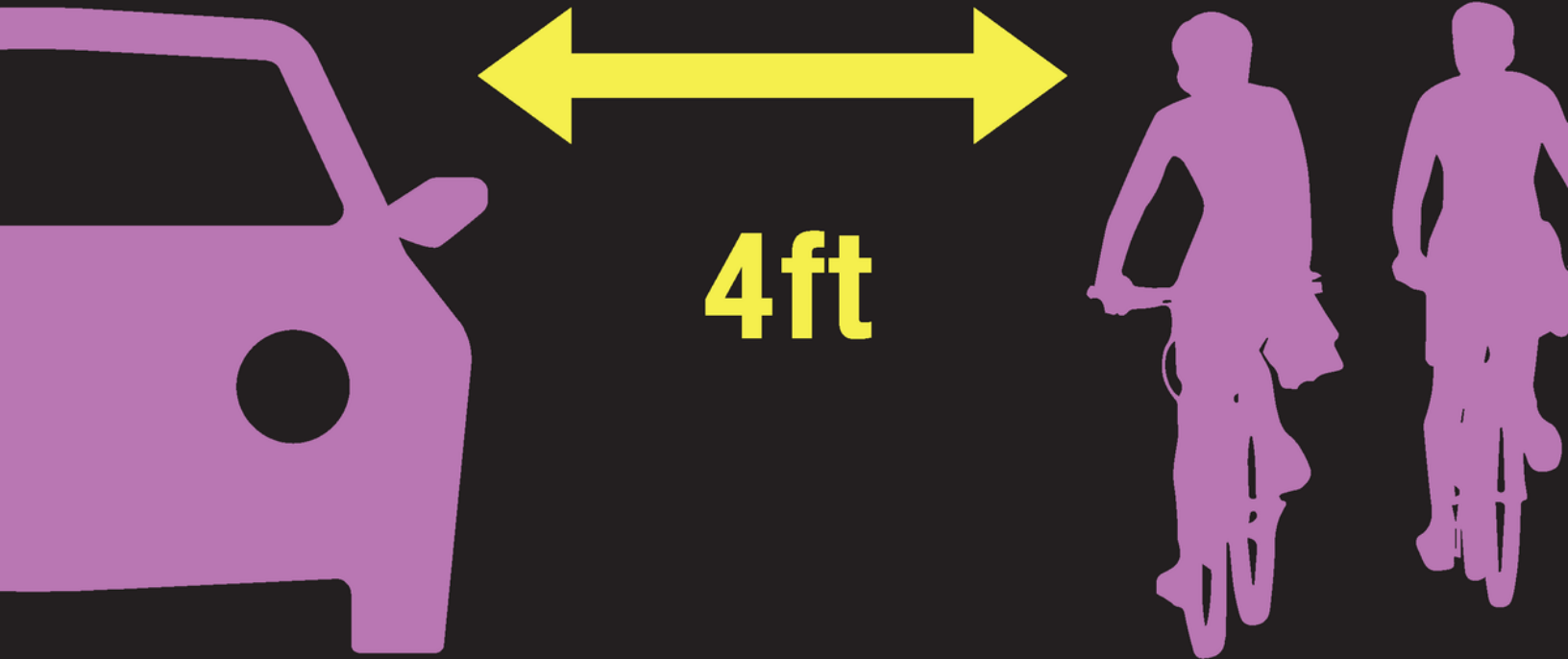
Always walk on the sidewalk; if there is no sidewalk, walk facing traffic and as far from the roadway as you can.

Be predictable to drivers and **follow the rules of the road.** Obey signs and signals.



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GIVE BIKES 4 FEET!



Pass bicyclists only when it is safe to do so and **be sure to give them 4 feet of room.**

Be aware that bicyclists may move left to avoid debris or to prepare to make a left turn.

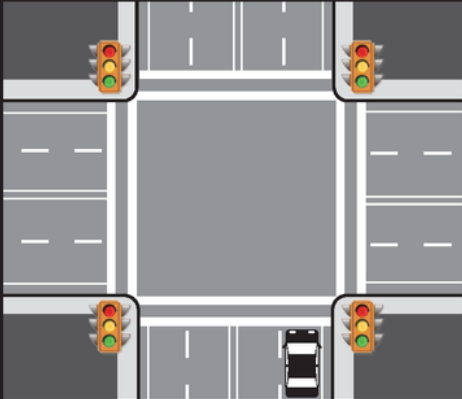


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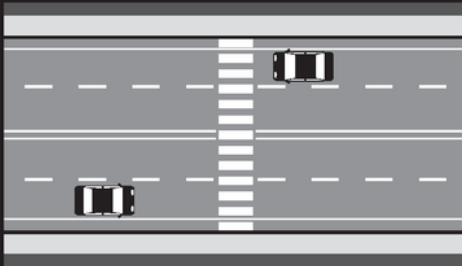
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WHAT IS A **CROSSWALK**?



MARKED CROSSWALKS

These crosswalks occur whenever a sidewalk ends at an intersection and continues on the other side. There is an implied crosswalk across the intersection. Be extra careful when making a left turn because pedestrians may be in a crosswalk.



MID-BLOCK CROSSWALK

These marked crosswalks are located in the middle of a block, not at an intersection.



UNMARKED CROSSWALKS

These crosswalks occur whenever a sidewalk ends at an intersection and continues on the other side. There is an implied crosswalk across the intersection.

Did you know that under Vermont state law, drivers must yield to pedestrians — **even if the crosswalk is not marked?**



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